


OBS MENU - September 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 <u>Breakfast:</u> Cereal, Fruit, milk <u>Lunch:</u> Ravioli w/ veggies, fruit and milk <u>Snack:</u> Rice cakes and cheese	2 <u>Breakfast:</u> Oatmeal, fruit and milk <u>Lunch:</u> Pizza w/ salad, milk <u>Snack:</u> Yogurt w/ granola	3 <u>Breakfast:</u> Waffles, fruit and milk <u>Lunch:</u> Fish sticks, fries, fruit and milk <u>Snack:</u> Applesauce w/ cheese sticks
 <p>OBS CLOSED Happy Labor Day</p>	7 <u>Breakfast:</u> Smoothie w/ granola <u>Lunch:</u> Mac/cheese w/ franks, fruit and milk <u>Snack:</u> Bagels w/ cream cheese	8 <u>Breakfast:</u> Pancakes and sausage <u>Lunch:</u> Mexican chicken casserole, fruit, milk <u>Snack:</u> Jell-O w/ cool whip	9 <u>Breakfast:</u> Biscuit w/jelly, fruit and milk <u>Lunch:</u> Cheeseburger w/fries, milk <u>Snack:</u> Yogurt w/ granola	10 <u>Breakfast:</u> Cereal, fruit, milk <u>Lunch:</u> Chicken nuggets, fruit and milk <u>Snack:</u> Applesauce w/ cheese sticks
13 <u>Breakfast:</u> Smoothie w/ granola <u>Lunch:</u> Hot ham and cheese sliders, fruit and milk <u>Snack:</u> Snack mix	14 <u>Breakfast:</u> Quiche, fruit, milk <u>Lunch:</u> Taco Tuesday w/ rice, fruit and milk <u>Snack:</u> Toast w/ apple butter	15 <u>Breakfast:</u> Pancakes w/ sausage, fruit and milk <u>Lunch:</u> BBQ franks w/ veggies, fruit and milk <u>Snack:</u> Meat/cheese and crackers	16 <u>Breakfast:</u> Biscuit w/jelly, milk <u>Lunch:</u> Spaghetti w/ garlic bread, fruit and milk <u>Snack:</u> Muffins	17 <u>Breakfast:</u> Cereal, fruit, milk <u>Lunch:</u> Hot dog, fruit and milk <u>Snack:</u> Pepperoni w/ cheese sticks
20 <u>Breakfast:</u> Cheese toast, fruit and milk <u>Lunch:</u> Stuffed pepperoni rolls w/ salad, milk <u>Snack:</u> Jell-O w/ whip cream	21 <u>Breakfast:</u> Cinnamon rolls, fruit, milk <u>Lunch:</u> Meatball subs w/ fries, milk <u>Snack:</u> Bagels w/ cream cheese	22 <u>Breakfast:</u> English muffin w/ sausage, fruit and milk <u>Lunch:</u> Grilled cheese w/ tots, fruit, milk <u>Snack:</u> Rice cakes w/ cheese	23 <u>Breakfast:</u> Oatmeal, fruit, milk <u>Lunch:</u> Meat nachos, fruit, milk <u>Snack:</u> Yogurt w/ granola	24 <u>Breakfast:</u> Waffles, fruit, milk <u>Lunch:</u> Corndogs, fruit, milk <u>Snack:</u> Applesauce w/cheese sticks
27 <u>Breakfast:</u> Smoothies w/ granola <u>Lunch:</u> Orange chicken w/ rice, fruit and milk <u>Snack:</u> Snack mix	28 <u>Breakfast:</u> Quiche, fruit, milk <u>Lunch:</u> Mini chicken sliders w/ veggie straws, milk <u>Snack:</u> Toast w/ apple butter	29 <u>Breakfast:</u> Pancakes & sausage, fruit, milk <u>Lunch:</u> Bean & cheese burritos w/ chips, milk <u>Snack:</u> Meat/cheese and crackers	30 <u>Breakfast:</u> Biscuit w/jelly, fruit, milk <u>Lunch:</u> Pasta salad, fruit, milk <u>Snack:</u> Pepperoni w/ cheese sticks	