

OBS ALLEN SEPTEMBER MENU

	<p>1. Breakfast: English Muffins w/ sausage, fresh fruit & milk Lunch: Spinach Pie w/ rolls, fruit & milk PM Snack: Mozzarella Cheese Sticks</p>	<p>2. Breakfast: Pancakes w/ sausage, fresh fruit, milk Lunch: Orange Chicken and Rice, fruit & milk PM Snack: Crackers w/ Cheese</p>	<p>3. Breakfast: Quiche, fresh fruit & milk Lunch: Cheese Ravioli w/ Garlic Bread, fruit & milk PM Snack: Applesauce w/ pretzels</p>	<p>4. Breakfast: Bagels w/ cream cheese, fresh fruit & milk Lunch: Hot dogs w/ chips, fruit & milk PM Snack: Turkey Pepperoni w/ cheese sticks</p>
<p>7. OBS CLOSED Labor Day</p>	<p>8. Breakfast: Cheese toast, fresh fruit & milk Lunch: Chicken Enchiladas w/ salad, fruit & milk PM Snack: French Fries & Dip</p>	<p>9. Breakfast: Breakfast muffins, fresh fruit & milk Lunch: Meatloaf and potatoes, fruit & milk PM Snack: Snack Mix</p>	<p>10. Breakfast: Cinnamon Rolls, fresh fruit & milk Lunch: Chicken Sandwich w/ veggie straws, fruit & milk PM Snack: Yogurt w/ Granola</p>	<p>11. Breakfast: Cereal, fresh fruit & milk Lunch: Fish Sticks w/ Fries, fruit & milk PM Snack: Veggie Sticks</p>
<p>14. Breakfast: Cinnamon Toast, fresh fruit & milk Lunch: Turkey tacos w/ beans, fruit & milk PM Snack: Pizza Rolls</p>	<p>15. Breakfast: English Muffins w/ sausage, fresh fruit & milk Lunch: Pizza w/ Salad, fruit & milk PM Snack: Mozzarella Cheese Sticks</p>	<p>16. Breakfast: Pancakes w/ Sausage, fresh fruit & milk Lunch: Nachos w/ rice, fruit & milk PM Snack: Crackers w/ Cheese</p>	<p>17. Breakfast: Quiche, fresh fruit & milk Lunch: BBQ Chicken w/ veggies, fruit & milk PM Snack: Applesauce w/ pretzels</p>	<p>18. Breakfast: Bagels w/ cream cheese, fresh fruit & milk Lunch: Corn dogs w/ chips, fruit & milk PM Snack: Turkey Pepperoni w/ cheese sticks</p>
<p>21. Breakfast: Sausage biscuit w/ jelly, fresh fruit & milk Lunch: Macaroni salad w/ garlic bread, fruit & milk PM Snack: Turkey Sandwich</p>	<p>22. Breakfast: Cheese toast, fresh fruit & milk Lunch: Pizza rollups w/ chips, fruit & milk PM Snack: Fries</p>	<p>23. Breakfast: Breakfast Muffins, fresh fruit & milk Lunch: Popcorn Chicken Casserole, fruit & milk PM Snack: Snack Mix</p>	<p>24. Breakfast: Cinnamon Rolls, fresh fruit & milk Lunch: Cheese Quesadillas w/ rice, fruit & milk PM Snack: Yogurt w/ Granola</p>	<p>25. Breakfast: Cereal. Fresh fruit & milk Lunch: Taquitos w/ chips, fruit & milk PM Snack: Veggie sticks</p>
<p>28. Breakfast: Cinnamon Toast, fruit & milk Lunch: Bean and cheese burritos w/ rice, fruit & milk PM Snack: Pizza Rolls</p>	<p>29. Breakfast: English Muffins w/ sausage, fresh fruit & milk Lunch: Chicken and waffles, fruit & milk PM Snack: Mozzarella Cheese Sticks</p>	<p>30. Breakfast: Pancakes w/ sausage, fresh fruit & milk Lunch: Spaghetti w/ meat sauce, garlic bread, fruit & milk PM Snack: Crackers & Cheese</p>		