

July 2020 Menu

		Constitution of the Consti		
		1. Breakfast: Breakfast muffins, fresh fruit & milk Lunch: Chicken Enchiladas, salad, fruit & milk PM Snack: Snack Mix	2. Breakfast: Quiche w/ fresh fruit, milk Lunch: Cheese Ravioli w/ Garlic bread, fruit & milk PM Snack: Pizza Muffins	OBS CLOSED
6. Breakfast: Fruit Smoothie w/ oats, fresh fruit & milk Lunch: Turkey Tacos w/ Beans, fruit & milk PM Snack: Turkey Sandwich	7. Breakfast: Cinnamon Toast, fresh fruit & milk Lunch: BBQ Chicken w/ veggies, fruit & milk PM Snack: Mozzarella Sticks	8. Breakfast: Pancakes, fresh fruit & milk Lunch: Meatloaf w/ Potatoes, fruit & milk PM Snack: Cheese and crackers	9. Breakfast: Cinnamon rolls, fresh fruit & milk Lunch: Chicken Salad Sandwich, veggie straws, fruit & milk PM Snack Yogurt w/ fruit	10. Breakfast: Bagels w/ cream cheese, fresh fruit & milk Lunch: Turkey Corn Dogs, chips, fruit & milk PM Snack: Veggie Sticks
13. Breakfast: Sausage Biscuits, fresh fruit & milk Lunch: Macaroni Salad w/ garlic bread, fruit & Milk PM Snack: Apple Sauce & Pretzels	14. Breakfast: Cheese Toast, fresh fruit & milk Lunch: Turkey corn dogs, w/ veggies, fruit & milk PM Snack: Cheese Fries	15. Breakfast: Breakfast Muffins, fresh fruit & milk Lunch: Pizza w/ salad, fruit & milk PM Snack: Snack Mix	16. Breakfast: Quiche, fresh fruit & milk Lunch: Cheese Quesadillas, w/ rice, fruit & milk PM Snack: Pizza rolls	17. Breakfast: Cereal, fresh fruit & milk Lunch: Taquitos w/ chips, fruit & milk PM Snack: Turkey pepperoni ar cheese sticks
20. Breakfast: Fruit Smoothie w/ oats Lunch: Bean & Cheese Burrito w/ rice, fruit & milk PM Snack: Turkey Sandwich	21. Breakfast: Cinnamon Toast, fresh fruit & milk Lunch: Chicken & Waffles, fruit & milk PM Snack: Mozzarella Cheese Sticks	22. Breakfast: Pancakes w/ Sausage, fresh fruit & milk Lunch: Spaghetti w/ meat sauce and garlic bread, fruit & milk PM Snack: Cheese w/ Crackers	23. Breakfast: Cinnamon rolls, fresh fruit & milk Lunch: Grilled Turkey and Cheese Sandwich, fruit & milk PM Snack: Yogurt w/ fruit	24. Breakfast: Bagels w/ cream cheese, fresh fruit & milk Lunch: Chicken Nuggets w/ veggies & milk PM Snack: Veggie Sticks
27. Breakfast: Sausage Biscuits, fresh fruit & milk Lunch: Mexican taco salad, fruit & milk PM Snack: Applesauce w/ Pretzels	28. Breakfast: Cheese Toast, fresh fruit & milk Lunch: Fish sticks, veggies, fruit & milk PM Snack: Cheese Fries	29. Breakfast: Breakfast Muffins, fruit, milk Lunch: Pizza, fries, fruit & milk PM Snack: Snack Mix	30. Breakfast: Cinnamon Rolls, fruit, milk Lunch: Nachos, fruit & milk PM Snack: Pizza rolls	31. Breakfast: Cereal, fruit, milk Lunch: Hot Dogs w/ chips, fruit & milk PM Snack: Turkey Pepperoni w cheese sticks