



# Curriculum Chronicle - February

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#### **Themes**

In the Mail
I Am Healthy

## **Shapes and Colors**



# Numbers

13, 14

#### Letters

Pp, Qq, Rr

## **Alphabet Words**

parrot, pancakes, panda, pineapple, quail, queen, quilt, quill, ring, robot, rocket, rooster

## **Character Card**

I am active.



#### **Activities for Home**

- Talk about the mail system with your child. Talk about the items you mail, as well as the items you receive in the mail. Consider saving any promotional, unwanted, or "junk" mail for your child to open and examine. Point out the stamp and address areas of each piece of mail. Take your child with you to the post office, if possible.
- Invite your child to help you prepare special cards or treats to share with friends and relatives for Valentine's Day. Visit with your child about each special person as you are creating his or her valentine.
- The color of the month is pink and the shape of the month is the heart shape. Look for both in Valentine decorations displayed in your home, neighborhood, or local stores. Point them out or ask your child to point them out to you.
- Reinforce the letter P by playing with playdough. Bring out heart-shaped cookie cutters to review the heart shape. See the back of this newsletter for a "Valentine Playdough" recipe.

### **Nursery Rhymes**

A nursery rhyme is included in each monthly curriculum. Nursery rhymes strengthen memory and allow children to see a connection between words, alliteration, and rhythm.

An Apple a Day
An apple a day
Keeps the doctor away.



#### **Look for Books**

The best way to learn which books your child enjoys is to read children's books—lots of them! Check out **funshineextras.com** for Book Lists corresponding to each month's themes. Get to know your local librarians and ask for their recommendations as well.

Never Mail an Elephant
by Mike Thaler

A Day with a Mail Carrier

A Day with a Mail Carrier by Jan Kottke The Post Office Book

by Gail Gibbons

Clarabella's Teeth

by An Vrombaut

**Take Care of Your Teeth** by Don L. Curry

How Many Teeth?

by Paul Showers

The Biggest Valentine Ever

by Steven Kroll

How Kind! by Mary Murphy

The Giant Hug

by Sandra Horning

## **Cooking Together**

When cooking with young children, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel. and hear.

## Valentine Playdough

2 1/2 cups flour

1 T. cream of tartar

2 pkgs. unsweetened cherry, strawberry or pink lemonade Kool-Aid

1 cup salt

2 cups boiling water

3 T. cooking oil

Mix the dry ingredients. Add the oil to the boiling water and pour it into the dry ingredients. Stir quickly, mixing well. As the dough cools, knead it until smooth. Store it in the

refrigerator in an airtight container.



Find these songs at www.funshineexpress.com

#### **Letter to Mail**

Sung to "Mary Had a Little Lamb"

Once I had a letter to mail,
A letter to mail, to my friend.

Once I had a letter to mail,
A letter to my friend.



Put a stamp on the envelope, The envelope, to my friend. Put a stamp on the envelope, The envelope to my friend.

The mailman took it from the box, The mailbox, to my friend. The mailman took it from the box, And delivered it to my friend.



#### **Scrub Your Hands**

Sung to "Row, Row, Row Your Boat"
Scrub, scrub, scrub your hands,
Wash the germs away!
Scrub with soap and rinse them well,
Before you (cook) today!



Repeat, replacing "cook" with "eat."

FEBRUARY 2019						
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

14 – VALENTINES DAY PARTY 22 – PARENTS NIGHT OUT

