



## CURRICULUM CHRONICLE-JANUARY & FEBRUARY

Infant 1&2, Tiny Tots, Tots

### **Themes**

Riding Around
Sparkles and Shivers
In the Mail
I Am Healthy

## **Shapes and Colors**



# Opposites Hot/Cold

## Vocabulary

wheels, safe riding, snowflakes, snowman, mailbox, mail carrier, brushing teeth, doctor

## Sign Language

white, go, coat, pink, love, wash



## **Together Time Activities**

Here are some fun activities you and your child can enjoy together!

#### Wheels Everywhere!

Encourage your child to look for things in your home that have wheels. Wheels are on all kinds of toy vehicles, but your child may also discover wheels on the furniture legs, a rolling cart, or other places. Look for wheels outside. Of course there are wheels on cars, trucks, and buses, but your child may also spy them on a wheelbarrow, lawnmower, and more!

#### Snowy Days

Toss snowballs inside! Lightly crush sheets of white paper and toss them through the air. Depending on your child's age, she may scoot them on the floor, drop them in a box, or play catch with them.

#### Visit the Post Office

Take your child along when you visit the post office to mail a letter or package. Try to go at a time of day when things are not too busy. Point out different features such as the post office boxes, the mail slot, and the scale for weighing packages.

#### Terrific Teeth

February is National Children's Dental Health Month. Visit www. mouthhealthy.org, a site from the American Dental Association, to find up-to-date information to help you keep your child's teeth in tiptop shape.

## **Nursery Rhymes**

Nursery rhymes teach children auditory skills and help them develop an appreciation for rhyme and rhythm. They also help children develop language, memory, creativity, and other cognitive skills.

#### **The North Wind**

The north wind does blow, And we shall have snow, And what will the robin do then? Poor thing!

He will sit in the barn, And to keep himself warm, He'll hide his head under his wing. Poor thing!







#### An Apple a Day

An apple a day Keeps the doctor away.

## **Look for Books**

Bear on a Bike/Oso en bicicleta by Stella Blackstone

Biscuit's Snowy Day

by Alyssa Satin Capucilli

Snowballs

by Lois Ehlert

**Hearts and Stars** 

by Chez Picthall

Please Write Back! by Jennifer Morris

Shopping

by Rosemary Wells

Little Yoga

by Rebecca Whitford



## **Cooking Together**

When cooking with infants and toddlers, allow them to help in a safe way with mixing, pouring, rolling, mashing, shaking, etc. Use words to describe what you are doing and what you plan to do next. Talk about what you see, smell, feel, hear, and taste.

## Yummy Fruit Dip

5.3 oz. plain Greek yogurt1 Tbsp. frozen orange juice concentrate, thawed1 tsp. sugar (or more if you prefer)¼ tsp. vanilla extract

Place all the ingredients in a bowl and stir well. Taste and add additional sugar if you prefer a sweeter dip. Serve the dip with any fresh fruit your child enjoys.



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## Sing Along with Me

Find these songs at www.funshineexpress.com

#### Zoom

Sung to "Row, Row, Row Your Boat"
Zoom, zoom, zoom your car,
Up and down the road!
Zoom, zoom, zoom your car,
On a trip we'll go!

Chug, chug, chug along, Down the railroad tracks! Chug, chug, chug along, The caboose is on the back!

Whoosh, whoosh, whoosh away, Across the bright blue sky! Whoosh, whoosh, whoosh away, How I love to fly!

Splash, splash, splash around, In the giant sea! Splash, splash, splash around, Splash around with me. Repeat first stanza.

#### **Letter to Mail**

Sung to "Mary Had a Little Lamb"
Once I had a letter to mail,
A letter to mail, to my friend.
Once I had a letter to mail,
A letter to my friend.

Put a stamp on the envelope, The envelope, to my friend. Put a stamp on the envelope, The envelope to my friend.

The mailman took it from the box, The mailbox, to my friend. The mailman took it from the box, And delivered it to my friend.







#### 1 - NEW YEARS DAY 25 - PARENTS NIGHT OUT

JANUARY 2019									
s	M	T	w	Th	F	S			
		1	2	3	4	5			
6	7	8	9	10	11	12			
13	14	15	16	17	18	19			
20	21	22	23	24	25	26			
27	28	29	30	31					

#### 14 – VALENTINES DAY PARTY 22 – PARENTS NIGHT OUT

FEBRUARY 2019									
S	М	T	W	Th	F	S			
					1	2			
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
17	18	19	20	21	22	23			
24	25	26	27	28					