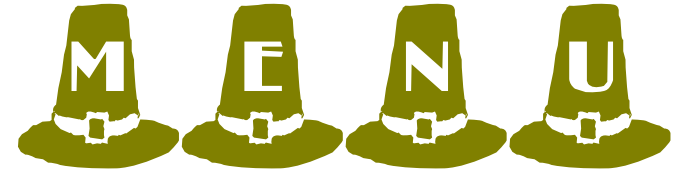




NOVEMBER



		<p>1. Breakfast: French Toast w/ fresh fruit & milk Lunch: Shepherds' Pie, veggies & milk Veggie Option: Veggie Pie PM Snack: Muffins</p>	<p>2. Breakfast: Oatmeal w/ fresh fruit & milk Lunch: Breakfast Burritos w/ hash brown (no meat) & milk PM Snack: Turkey & Cheese Sandwich</p>	<p>3. Breakfast: Bagels w/ cream cheese, fresh fruit & milk Lunch: Nachos w/ rice, veggies & milk PM Snack: Yogurt w/ fresh fruit</p>
<p>6. Breakfast: Yogurt w/ fresh fruit & milk Lunch: Grilled Turkey & cheese sandwich w/ veggies & milk Veggie Option: Grilled Cheese PM Snack: Apple Sauce</p>	<p>7. Breakfast : Breakfast Muffins, fresh fruit & milk Lunch: Chicken Pot Pie w/ veggies & milk Veggie Option: Veggie Pot Pie PM Snack: Mini Pizza</p>	<p>8. Breakfast: Eggs & Toast, fresh fruit & milk Lunch: Chicken Noodle Soup w/ crackers & milk Veggie Option: Vegetable Soup PM Snack: Vanilla Wafers</p>	<p>9. Breakfast: Pancakes w/ fresh fruit & milk Lunch: Turkey Pepperoni Pizza, Fries & milk Veggie Option: Cheese Pizza PM Snack: Pretzels w/ Cream Cheese</p>	<p>10. Breakfast: Biscuits w/jelly, fresh fruit & milk Lunch: Fish Sticks w/ veggies & milk Veggie option: Protein Sub PM Snack: Rice Crispy</p>
<p>13. Breakfast : Cheese Toast, fresh fruit & milk Lunch: Cheese Quesadillas w/ veggies & milk PM Snack: Veggie Sticks</p>	<p>14. Breakfast: Cinnamon Rolls, fresh fruit & milk Lunch: Spaghetti w/ meat sauce, garlic bread & milk Veggie Option: Pasta w/ marinara PM Snack: Cheese & Crackers</p>	<p>15. Breakfast: French Toast w/ fresh fruit & milk Lunch: Baked Chicken w/ veggies, a roll & milk Veggie Option: Protein Sub PM Snack: Muffins</p>	<p>16. Breakfast: Oatmeal w/ fresh fruit & milk Lunch: Hamburgers w/ Baked Fries & milk Veggie Option: Veggie Burger PM Snack: Turkey & Cheese Sandwich</p>	<p>17. Breakfast: Bagels w/ cream cheese, fresh fruit & milk Lunch: THANKSGIVING FEAST PM Snack: Yogurt w/ fresh fruit</p>
<p>20. Breakfast: Yogurt w/ granola , fresh fruit & milk Lunch: Cheese Ravioli w/ veggies & milk PM Snack: Apples Sauce</p>	<p>21. Breakfast: Breakfast Muffins, fresh fruit & milk Lunch: Frito Pie w/ veggies & milk Veggie Option: Veggie Pie PM Snack: Mini Pizza</p>	<p>22. Breakfast: Eggs & Toast, fresh fruit & milk Lunch: Grilled Cheese & Veggie Chips <u>EARLY RELEASE</u> <u>AT NOON</u></p>	<p>23. OBS CLOSED</p> 	<p>24. OBS CLOSED</p> 
<p>27. Breakfast: Cheese Toast, fresh fruit & milk Lunch: Chicken Fingers w/, veggies & milk PM Snack: Veggie Sticks</p>	<p>28. Breakfast: Cinnamon Rolls w/ fresh fruit & milk Lunch: Turkey Pepperoni Pizza & milk Veggie Option: Cheese Pizza PM Snack: Cheese & Crackers</p>	<p>29. Breakfast: French Toast w/ fresh fruit & milk Lunch: Tacos w/ rice & milk Veggie Option: Bean Tacos PM Snack: Muffins</p>	<p>30. Breakfast: Oatmeal w/ fresh fruit & milk Lunch: Alfredo Pasta w/ veggies & milk PM Snack: Turkey & Cheese Sandwich</p>	