



Oak Brook School
family owned since 2001

OCTOBER MENU

1. Breakfast: Yogurt with granola, fresh fruit & milk Lunch: Meatball Subs w/ baked fries, fruit & milk PM Snack: Animal Crackers	2. Breakfast: Cheese Toast, fresh fruit & milk Lunch: Turkey Lasagna w/ garlic bread, fruit & milk PM Snack: Vanilla Wafers	3. Breakfast: Pancakes, fresh fruit & milk Lunch: Chicken & Dumplings w/ fruit & milk PM Snack: Pretzels & Cream Cheese	4. Breakfast: Biscuit & Gravy, fresh fruit & milk Lunch: Tacos w/ rice, fruit & milk PM Snack: Turkey Cheese Panini	5. Breakfast: Cinnamon Rolls, fresh fruit & milk Lunch: Pizza w/salad, fruit & milk PM Snack: Apple Sauce w/ Cheese Sticks
8. Breakfast: Waffles, fresh fruit & milk Lunch: Chicken Noodle Soup w/crackers, fruit & milk PM Snack: Veggie Sticks	9. Breakfast: Eggs & Toast, fresh fruit & milk Lunch: Grilled Turkey & Cheese Sandwich w/ veggie chips, fruit & milk PM Snack: Pizza Roll-Ups	10. Breakfast: Quiche, fresh fruit & milk Lunch: Shepherd's Pie w/ fruit & milk PM Snack: Yogurt w/ fruit	11. Breakfast: Fresh Fruit Smoothies & granola Lunch: Breakfast Burritos w/ hash browns, fruit & milk PM Snack: Muffins	12. Breakfast: Cereal, fresh fruit & milk Lunch: Hot Dogs w/ chips, fruit & milk PM Snack: Chex Mix
15. Breakfast: Yogurt w/ granola, fresh fruit & milk Lunch: TaterTot Casserole w/ fruit & milk PM Snack: Animal Crackers	16. Breakfast : Cheese Toast, fresh fruit & milk Lunch: Broccoli Rice Casserole w/ chicken, fruit & milk PM Snack: Vanilla Wafers	17. Breakfast: Pancakes , fresh fruit & milk Lunch: Chicken Pot Pie w/ fruit & milk PM Snack: Pretzels & Cream Cheese	18. Breakfast: Biscuits & Gravy, fresh fruit & milk Lunch: Mac and Cheese w/ turkey franks, veggies & milk PM Snack: Warm Turkey Cheese Sandwich	19. Breakfast: Oatmeal, fresh fruit & milk Lunch: Fish Sticks w/ veggies, fruit & milk PM Snack: Apple Sauce w/ Cheese Sticks
22. Breakfast: Waffles, fresh fruit & milk Lunch: Frito Pie w/ veggies, fruit & milk PM Snack: Veggie Sticks	23. Breakfast : Muffins, fresh fruit & milk Lunch: Chicken Quesadilla w/ Spanish rice & milk PM Snack: Pizza Roll-Ups	24. Breakfast: French Toast, fresh fruit & milk Lunch: Alfredo Pasta w/ broccoli, fruit & milk PM Snack: Yogurt w/ fruit	25. Breakfast: Fresh Fruit Smoothies & granola Lunch: Tomato Soup w/ grilled cheese, fruit & milk PM Snack: Muffins	26. Breakfast: Cereal, fresh fruit & milk Lunch: Pizza w/salad, fruit & Milk PM Snack: Chex Mix
29. Breakfast: Yogurt w/ granola, fresh fruit & milk Lunch: Scalloped Potatoes w/ turkey, fruit & milk PM Snack: Animal Crackers	30. Breakfast : Cheese Toast, fresh fruit & milk Lunch: Bean & Cheese Burritos w/corn, fruit & milk PM Snack: Vanilla Wafers	31. Breakfast: Pancakes , fresh fruit & milk Lunch: Worms w/ eyeballs, garlic bread & milk PM Snack: Harvest Hash		